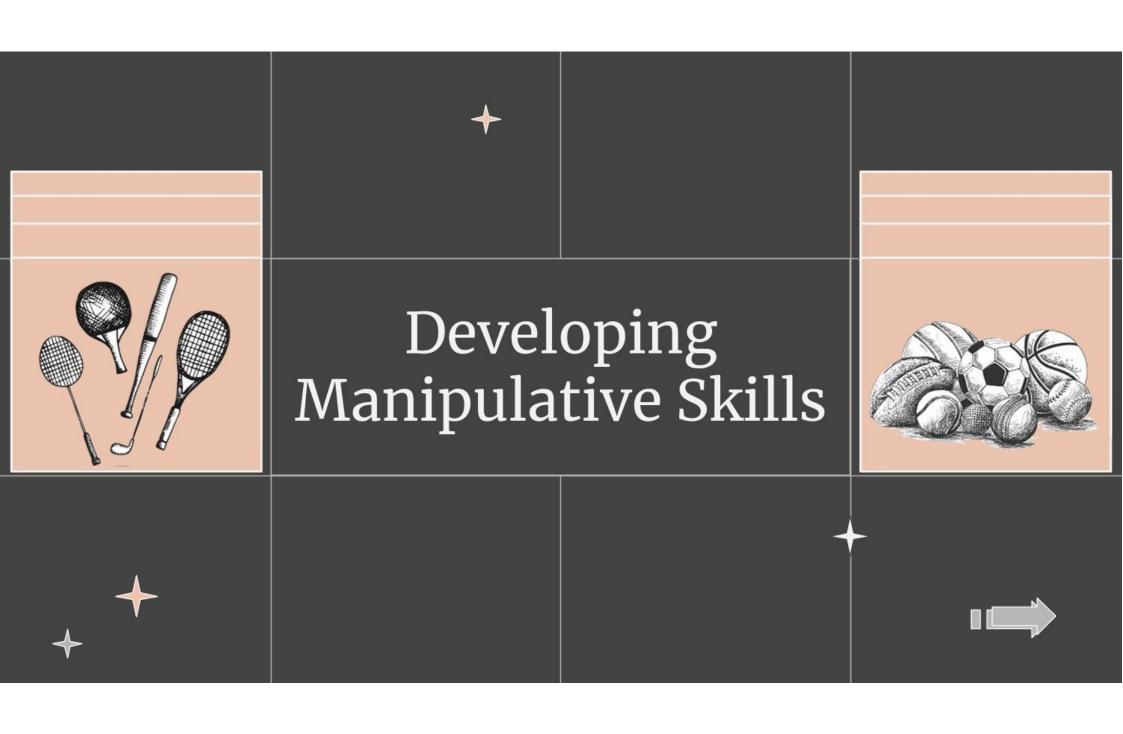




By definition, student designed games in physical education is a process where students create, organize, implement, practice, and refine their own games within certain limits presented by the teacher.

These games are considered a major tool for enhancing student interest, and some have suggested they often bring forth more interest than do teacher-designed games.

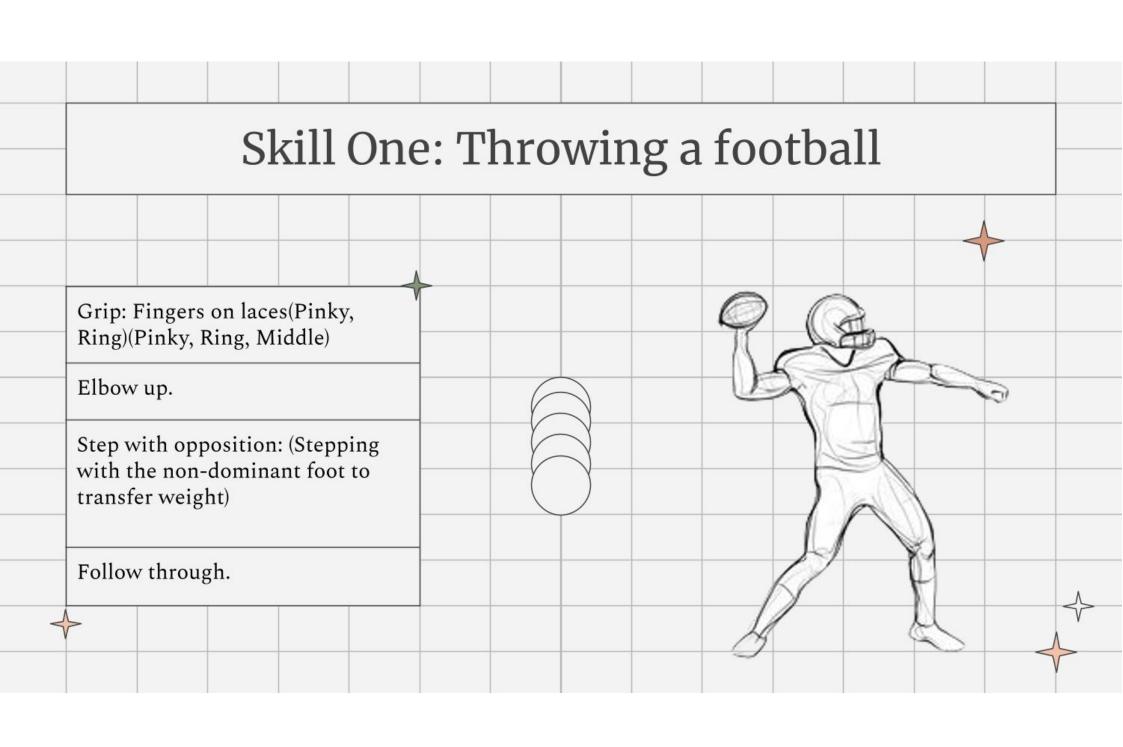


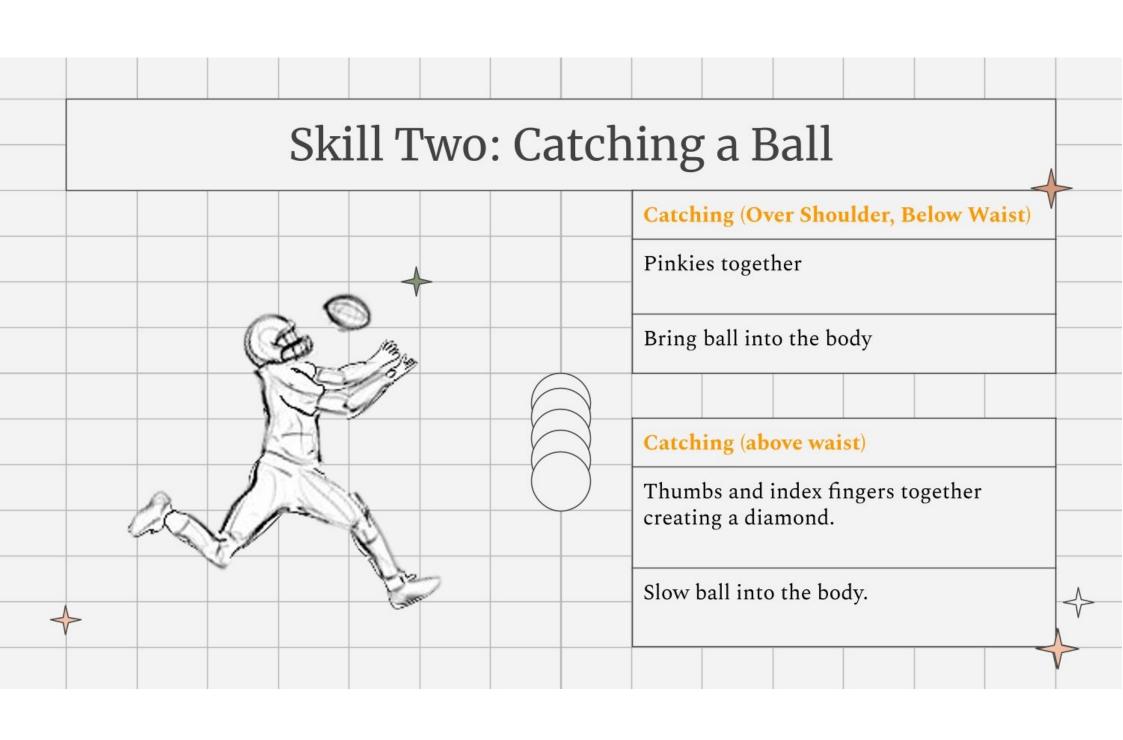
Types of Manipulative Skills

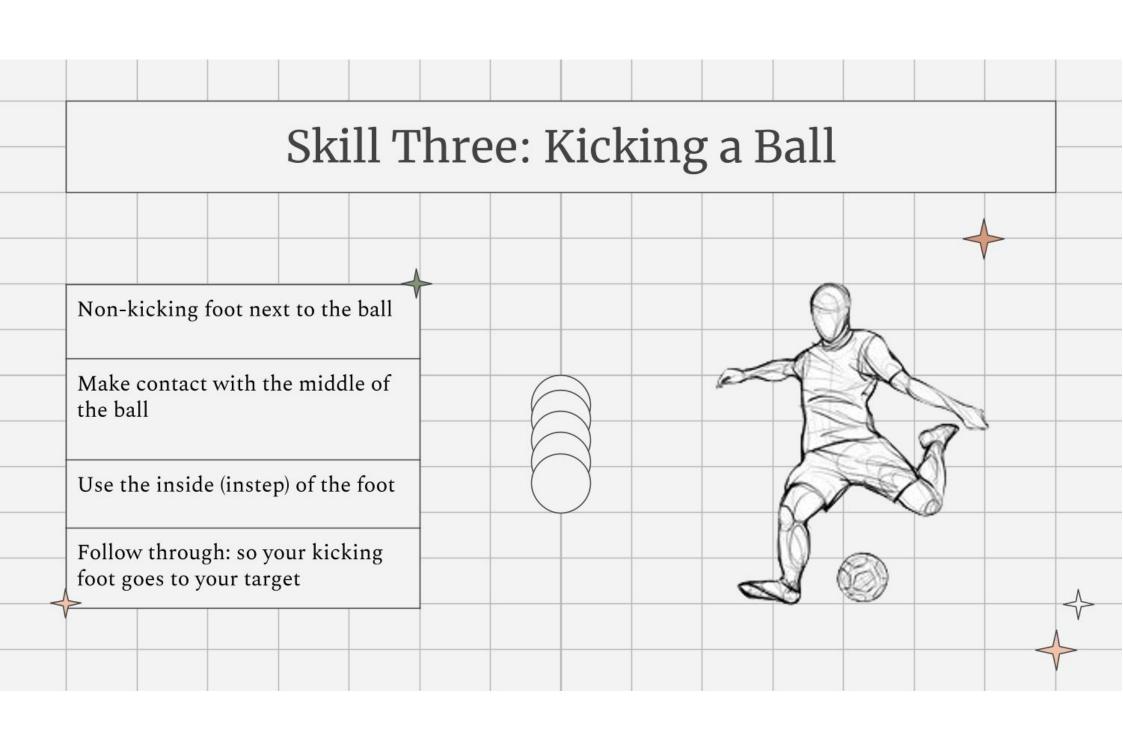
A manipulative skill is one in which a student handles an object with the hands, feet, or other body parts. Manipulative skills are basic to the development of sport skills.



Striking	(such as swinging a bat, racket or other implement)
Throwing	(a ball, disc, or other object)
Kicking	(a ball, or other object)
Volleying	(a ball or object back and forth to another person, either with the hands, feet or a racquet)
Catching	
Dribbling	(hands / feet)









Choose which foot to receive the ball with: (this may depend on the location of the defender).

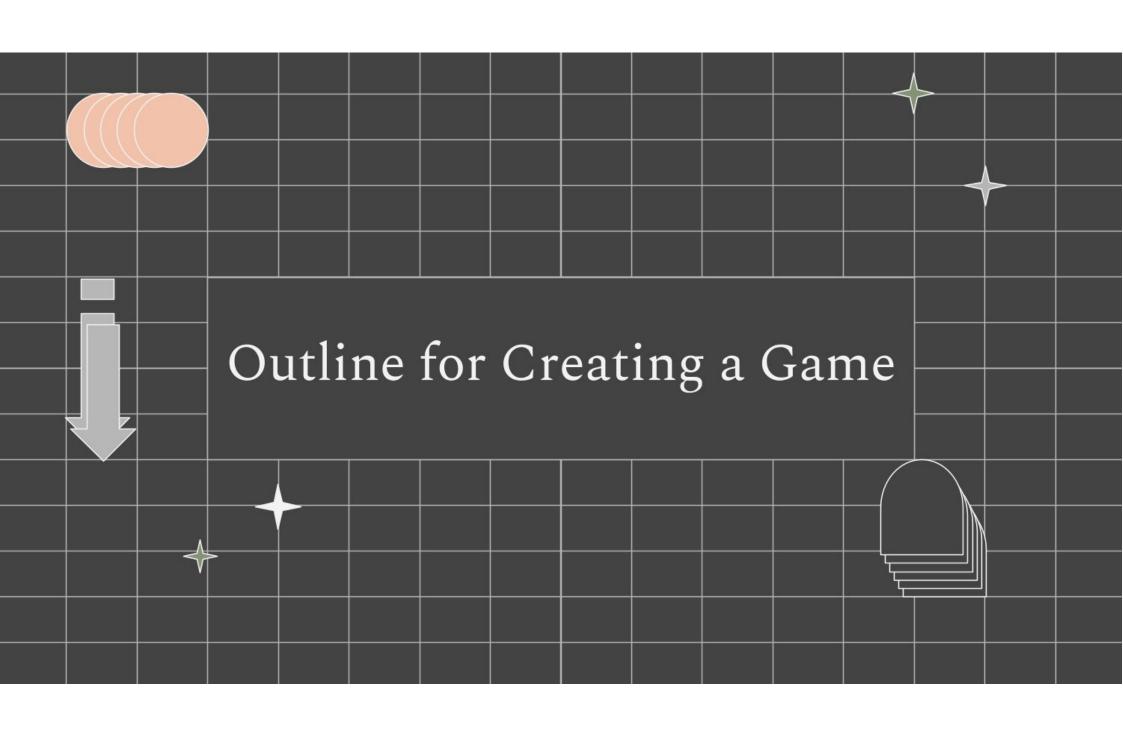
Receive the ball with one foot with the too pointed up (apkle).

Receive the ball with one foot with the toe pointed up (ankle locked, inside of the foot).

Don't stop the ball. Instead, prepare it for the next action: shot, dribble, pass or to play away from pressure.







Outline for Creating a Game: Groups



01

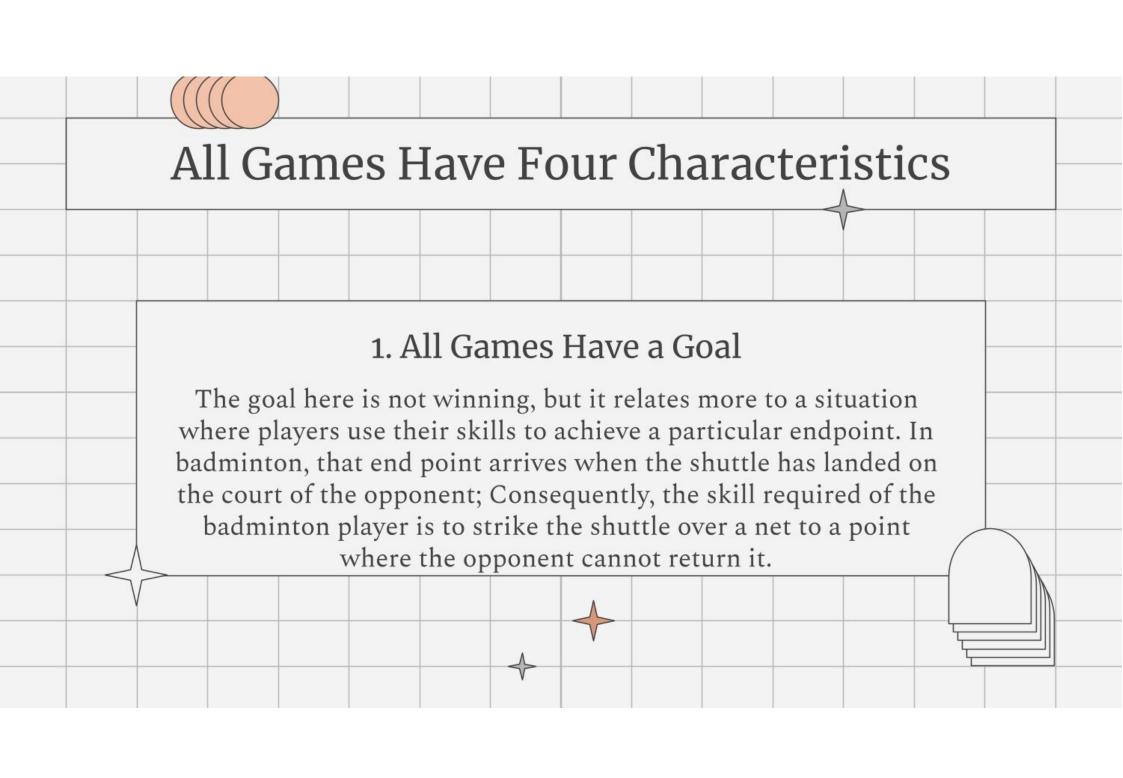
Groups:

Must consist of 4 – 6 students and be a mix of students; a mix is based off of incorporating students and making sure your group is inclusive and representative of all social groups. For this reason you will get to choose one group member and the rest of your group will be randomized.



Member contribution:

Each member of the group must contribute at least one rule, one skill and one piece of equipment.





2. All Games Have Rules

The second necessary condition is that a game must have rules, and these rules provide both descriptive and defining frameworks for how the goal is to be achieved. The descriptive framework describes the setup of the game and its equipment, while the rules describe what means of play are required and permitted. In volleyball, for example, the rules refers to the

- measurement of the court
- the net, its height and the type of ball that is used.
- The defining framework of volleyball is that the ball is not allowed to touch the ground and that you are allowed three hits to send the ball over the net.

